



National Alliance on Mental Illness

Dane County

Mental Health Matters



Sharon Rapnicki

Certified Peer Specialist

Wednesday, December 17, 1:00 PM



Sharon Rapnicki will discuss key topics surrounding mental health, mental illness, Sharon's Journey With Mental Illness, and Aging. Sharon is a dedicated and compassionate Certified Peer Specialist with a deep commitment to helping others. With a rich background in peer support and mental health outreach, she has made significant contributions to the community through her work. Sharon found her passion for mental health while living in Indiana. Her experiences with NAMI Indiana fueled her desire to support and uplift others facing mental health challenges. When she moved to Wisconsin five years ago, she continued this important work by joining NAMI Dane County.

Email TriadEvents@rsvpdane.org for the Zoom link.



Triad brings together older adults, law enforcement and the community at-large to promote safety and reduce the fear of crime. Providing vital information about personal safety and crime prevention is key to our mission. We invite you to become an active participant in Triad activities. Volunteers are a key element in our success. To get involved, email Mike Thomsen at mthomsen@rsvpdane.org or call (608) 441-7897.