



Navigating the Dementia Journey



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Facing Alzheimer's or another dementia can feel overwhelming, but with the right tools and support, families can navigate the journey more safely and successfully. The Alzheimer's Association offers free, trusted resources including a 24/7 Helpline, ALZNavigator for personalized planning, ALZConnected for online community support, local support groups, and educational programs. Whether you're a caregiver, professional, or concerned friend, we're here to help every step of the way. **Email TriadEvents@rsvpdane.org for the Zoom link.**



Triad brings together older adults, law enforcement and the community at-large to promote safety and reduce the fear of crime. Providing vital information about personal safety and crime prevention is key to our mission. We invite you to become an active participant in Triad activities. Volunteers are a key element in our success. To get involved, email Mike Thomsen at mthomsen@rsvpdane.org or call (608) 441-7897.